

Colorado Lactation Journal Club

Colorado Lactation Journal Club is a program of Mothers' Milk Bank, moderated and facilitated by Lactation Journal Club Founder, Marianne Neifert, MD, MTS, FAAP, and held at P/SL Medical Center.

Date: Wednesday, September 14, 2016

Time: 2:30 pm – 5:00 pm (please allow extra time for parking and signing in)

Cost: \$30 if you preregister online; \$35 at the door; \$40 via webinar.

Registration: Preregister online at <https://rmchildren.org/mothers-milk-bank/lactation-journal-club>. To ensure sufficient seating, please register online by Friday, September 9.

Group Registration: If you would like to preregister as a group, please have one person fill out the form online and submit payment for the whole group, or email journalclub@rmchildren.org and request an invoice for the group payment. The individual participants can fill out the registration form at Journal Club (please arrive early if you plan to do this), or they can email journalclub@rmchildren.org and request a registration form to be filled out and emailed back.

Refund Policy: Payment may be refunded if cancelled at least 24 hours before event.

Location: P/SL Medical Center | Colorado Room South | 1719 E. 19th Avenue, Denver, CO 80218

Parking Options: Free parking is available in the East and West Professional Plaza garages. There is also free valet parking. Nearby street parking is limited to two hours and is strictly enforced. Please allow extra time for parking.

CERPs/CEUs: Application will be made for Continuing Education Recognition Points (CERPs) and Contact Hours (CEUs).

Agenda —Wednesday, September 14, 2016

Timely Topic:

Highly Successful Induced Lactation in a Nulliparous Adoptive Mother: A Must-Hear Testimonial!

presented by **Martha Taylor Boyd, RN, BSN**

Related resources and recent publications about induced lactation:

- Link to an online presentation on **Induced Lactation** by Katherine M Evans, University of Vermont: <http://scholarworks.uvm.edu/cgi/viewcontent.cgi?article=1014&context=fammed>
- Link to the online **Goldfarb/Newman Protocols** for Induced Lactation: http://www.asklenore.info/breastfeeding/induced_lactation/protocols4print.shtml
- Robertson B. **Breastfeeding Without Birthing**. *Clinical Lactation*. 2016; 7(1):37-40. Link to article abstract only. Full text of article available with subscription: <http://www.ingentaconnect.com/contentone/springer/clac/2016/00000007/00000001/art00006>
- Wilson E, Perrin MT, Fogleman A, and Chetwynd E. **The Intricacies of Induced Lactation for Same-Sex Mothers of an Adopted Child**. *Journal of Human Lactation*. 2015; 31(1):64-67. Link to full text PDF of article: <http://bcscw.wildapricot.org/Resources/Documents/Intricacies%20of%20induced%20lactation%20for%20same-sex%20mothers.pdf>

60 mins.

Ethics in Practice:

Applying Principles of Biomedical Ethics to Peer-to-Peer Milk Sharing

presented by **Marianne Neifert, MD, MTS, FAAP**, Founder and Facilitator, Colorado Lactation Journal Club

Related publications:

- O'Sullivan EJ, Geraghty SR, and Rasmussen KM. **Informal Milk Sharing: A Qualitative Exploration of the Attitudes and Experiences of Mothers**. *Journal of Human Lactation*. 2016; 32(3): 416-424. Link to the article abstract only. Full text of article available with subscription: <http://jhl.sagepub.com/content/32/3/416>

- Palmquist AEL and Doehler K. **Human Milk Sharing Practices in the U.S.** *Maternal & Child Nutrition*. 2016; 12:278-290. Link to full text PDF of article: <http://onlinelibrary.wiley.com/doi/10.1111/mcn.12221/pdf>
- Gribble KD. **Biomedical Ethics and Peer-to-Peer Milk Sharing.** *Clinical Lactation*. 2012; 3(3):108-111. Link to download full text PDF of the article: <http://www.ingentaconnect.com/contentone/springer/clac/2012/00000003/00000003/art00005>

60 mins.

Research Update:

Reduced Breastfeeding Rates in Firstborn Late Preterm and Early Term Infants

presented by **Lorry Watkins, RN, BSN, IBCLC, Lactation Consultant, Children's Hospital Colorado**

Journal article to be reviewed:

- Hackman NM, Alligood-Percoco N, Martin A, Zhu J, and Kjerulff KH. **Reduced Breastfeeding Rates in Firstborn Late Preterm and Early Term Infants.** *Breastfeeding Medicine*. 2016; 11(3):119-25. Link to article abstract only. Full text of article available with subscription: <http://online.liebertpub.com/doi/abs/10.1089/bfm.2015.0122>

30 mins.

Learning Objectives:

At the end of the session, the learner will be able to:

1. Describe a nulliparous woman's use of the Newman-Goldfarb protocols to achieve full milk production in anticipation of adopting a baby.
2. Discuss the diverse experiences among mothers who choose to breastfeed without birthing.
3. **Describe ethical concerns related to the growing practice of peer-to-peer human milk sharing in the U.S., including infant safety issues, and strategies parents are using to reduce risk of harm to their infants.**
4. **Apply the principles of biomedical ethics when interacting with mothers and others concerning peer-to-peer milk sharing.**
5. Review a recent, longitudinal, prospective study highlighting late-preterm and early term infants as populations at risk for shortened breastfeeding duration and the need to create specific breastfeeding support and education.

Speaker Disclosures: None of the presenters has any relevant commercial relationships to disclose.

IBCLE Exam Blueprint Disciplines Covered in the Session:

- B. Maternal and Infant Normal Physiology and Endocrinology:** "Highly Successful Induced Lactation in a Nulliparous Adoptive Mother"
- E. Maternal and Infant Pathology:** "Reduced Breastfeeding Rates in Late Preterm and Early Term Infants"
- F. Maternal and Infant Pharmacology and Toxicology:** "Highly Successful Induced Lactation in a Nulliparous Adoptive Mother"
- J. Ethical and Legal Issues:** "Applying Principles of Biomedical Ethics to Peer-to-Peer Milk Sharing"