

Colorado Lactation Journal Club

Colorado Lactation Journal Club is a program of Mothers' Milk Bank, moderated and facilitated by Lactation Journal Club Founder, Marianne Neifert, MD, MTS, FAAP, and held at P/SL Medical Center.

Date: Wednesday, June 14, 2017

Time: 2:30 pm – 5:00 pm (please allow extra time for parking and signing in)

Cost: \$30 if you preregister online; \$35 at the door; \$40 via webinar.

Registration: Preregister online at <https://rmchildren.org/mothers-milk-bank/lactation-journal-club>. To ensure sufficient seating, please register online by Friday, June 9.

Group Registration: If you would like to preregister as a group, please have one person fill out the form online and submit payment for the whole group, or email journalclub@rmchildren.org and request an invoice for the group payment. The individual participants can fill out the registration form at Journal Club (please arrive early if you plan to do this), or they can email journalclub@rmchildren.org and request a registration form to be filled out and emailed back.

Refund Policy: Payment may be refunded if cancelled at least 24 hours before event.

Location: P/SL Medical Center | Colorado Room South | 1719 E. 19th Avenue, Denver, CO 80218

Parking Options: Free parking is available in the East and West Professional Plaza garages. There is also free valet parking. Nearby street parking is limited to two hours and is strictly enforced. Please allow extra time for parking.

CERPs/CEUs: Application will be made for Continuing Education Recognition Points (CERPs) and Contact Hours (CEUs).

Agenda —Wednesday, June 14, 2017

Featured Guest Speaker

Best Practices:

Prevention and Management of Neonatal Hypoglycemia

presented by **William W. Hay, Jr., MD**, Neonatologist and Professor of Pediatrics; Director, Child Maternal Health Program, Colorado Clinical and Translational Sciences Institute; and Scientific Director, Perinatal Research Center, University of Colorado Denver School of Medicine

Related Journal Articles:

- Wight N, Marinelli KA, and the Academy of Breastfeeding Medicine. **ABM Clinical Protocol #1: Guidelines for Blood Glucose Monitoring and Treatment of Hypoglycemia in Term and Late-Preterm Neonates, Revised 2014.** *Breastfeeding Medicine*. 2014; 9(4):173-179
<http://www.bfmed.org/Media/Files/Protocols/HypoglycemiaEnglish922.pdf> (PDF of full text article)
- **Medscape, Neonatal Hypoglycemia**, April 16, 2017
<http://emedicine.medscape.com/article/802334-overview> (Full text article)
- Seske LM, Merhar SL, Haberman BE. **Late-Onset Hypoglycemia in Term Newborns with Poor Breastfeeding.** *Hospital Pediatrics*. September 2015; 5(9): 501-504.
<http://hosppeds.aappublications.org/content/hosppeds/5/9/501.full.pdf> (PDF of full text article)

75 minutes

Clinical Pearl:

“Seeing is Believing:” Dermatoscope Facilitated Breast Examination of the Breastfeeding Woman with Nipple Pain

presented by **Barbara Skolnick- Schwartz RDN**, Registered Dietitian Nutritionist in Private Practice

Journal article to be reviewed:

- Naimer SA and Silverman WF. **“Seeing is Believing:” Dermatoscope Facilitated Breast Examination of the Breastfeeding Woman with Nipple Pain.** *Breastfeeding Medicine*. 2016; 11(7):356-360.
<https://www.ncbi.nlm.nih.gov/pubmed/27533629> (Article abstract. Full text article requires a subscription.)

45 mins.

Research Update:

Primiparous Women's Breastfeeding Behavior and Problems from Birth to 8 Weeks

presented by **Marianne Neifert, MD, MTS, FAA**, Founder and Facilitator, Colorado Lactation Journal Club

- Related Article: Atyeo NN, et al. **An Ecological Momentary Assessment of Primiparous Women's Breastfeeding Behavior and Problems From Birth to 8 Weeks**. *Journal of Human Lactation*. 2017; 33(2):285-295.
<http://journals.sagepub.com/doi/full/10.1177/0890334417695206>

30 mins.

Learning Objectives:

At the end of the session, the learner will be able to:

1. Review current science regarding neonatal hypoglycemia, including definitions, testing, risk factors, and clinical manifestations.
2. Describe recommended practices for preventing and managing neonatal hypoglycemia.
3. Discuss the use of dermoscopy to facilitate identification of the causes of nipple pain in breastfeeding women.
4. Identify early breastfeeding problems and patterns contributing to suboptimal breastfeeding outcomes in first-time mothers.

Speaker Disclosures: None of the presenters has any relevant commercial relationships to disclose.

IBCLE Exam Blueprint Disciplines Covered in the Session:

- E. Maternal and Infant Pathology:** "Prevention and Management of Neonatal Hypoglycemia;" "'Seeing is Believing:' Dermatoscope Facilitated Breast Examination of the Breastfeeding Woman with Nipple Pain"
- M. Public Health:** "Primiparous Women's Breastfeeding Behavior and Problems from Birth to 8 Weeks"