

Colorado Lactation Journal Club

Colorado Lactation Journal Club is a program of Mothers' Milk Bank,
moderated and facilitated by Lactation Journal Club Founder, Marianne Neifert, MD, MTS, FAAP,
and held at P/SL Medical Center.

Date: Wednesday, November 9, 2016

Time: 2:30 pm – 5:00 pm (please allow extra time for parking and signing in)

Cost: \$30 if you preregister online; \$35 at the door; \$40 via webinar.

Registration: Preregister online at <https://rmchildren.org/mothers-milk-bank/lactation-journal-club>. To ensure sufficient seating, please register online by Friday, November 4.

Group Registration: If you would like to preregister as a group, please have one person fill out the form online and submit payment for the whole group, or email journalclub@rmchildren.org and request an invoice for the group payment. The individual participants can fill out the registration form at Journal Club (please arrive early if you plan to do this), or they can email journalclub@rmchildren.org and request a registration form to be filled out and emailed back.

Refund Policy: Payment may be refunded if cancelled at least 24 hours before event.

Location: P/SL Medical Center | Colorado Room North | 1719 E. 19th Avenue, Denver, CO 80218

Parking Options: Free parking is available in the East and West Professional Plaza garages. There is also free valet parking. Nearby street parking is limited to two hours and is strictly enforced. Please allow extra time for parking.

CERPs/CEUs: Application will be made for Continuing Education Recognition Points (CERPs) and Contact Hours (CEUs).

Agenda —Wednesday, November 9, 2016

Timely Topic Presented by an Esteemed Guest Speaker:

An Update on Cleft Lip and Palate: New Approaches to Treatment and the Provision of Breastfeeding Support

presented by **Chris Weatherley-White, MD, FACS, FAAP**, Surgery Advisory Board, Operation Smile, and Long-Time Denver Pediatric Plastic Surgeon

Related publications:

- Reilly S, Reid J, Skeat J, et al. **ABM Clinical Protocol #17: Guidelines for Breastfeeding Infants with Cleft Lip, Cleft Palate, or Cleft Lip and Palate, Revised 2013.** *Breastfeeding Medicine*. 2013; 8(4):349-353.
http://www.bfmed.org/Media/Files/Protocols/Protocol%2017_Revised%202013.pdf
- Weatherley-White RCA, Eiserman W, Beddoe M and Vanderberg R. **Perceptions, Expectations, and Reactions to Cleft Lip and Palate Surgery in Native Populations: A Pilot Study in Rural India.** *The Cleft Palate-Craniofacial Journal*. 2005; 42(5):560-564.
<http://www.cpcjournal.org/doi/pdf/10.1597/04-003.1>
- Mednick L, Snyder J, Schook C, Blood EA, Brown S-E, Weatherley-White, RCA. **Causal Attributions of Cleft Lip and Palate Across Cultures.** *The Cleft Palate-Craniofacial Journal*. 2013; 50(6):655-661.
<http://www.cpcjournal.org/doi/pdf/10.1597/11-300R1>

75 mins.

Clinical Pearls:

Nipple Shields: Best Practices, Unanswered Questions, and Ongoing Controversies

presented by **Carol Anderson, RN, BSN, IBCLC**, Lactation Program Coordinator, Rose Medical Center

Journal article to be reviewed:

- Walker M. **Nipple Shields: What We Know, What We Wish We Knew, and How to Best Use Them.** *Clinical Lactation*. 2016; 7(3):100-107.
(Link to article Abstract. Full text of article available only with subscription)

Related publication:

- Chow S, Chow R, Popovic M, et al. **The Use of Nipple Shields: A Review.** *Frontiers in Public Health*. October 2015; 3 (Article 236)
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4607874/pdf/fpubh-03-00236.pdf>

45 mins.

Practice Parameters:

New AAP Clinical Guidance for Safe Skin-to-Skin and Safe Rooming-In for Healthy Term Newborns

presented by **Marianne Neifert, MD, MTS, FAAP**, Founder and Facilitator, Colorado Lactation Journal Club

Related publications:

- Feldman-Winter L and Goldsmith JP. American Academy of Pediatrics Committee on Fetus and Newborn and Task Force on Sudden Infant Death Syndrome. **Safe Sleep and Skin-to-Skin Care in the Neonatal Period for Healthy Term Newborns**. *Pediatrics*. September 2016; 138(3): e20161889
<http://pediatrics.aappublications.org/content/pediatrics/early/2016/08/18/peds.2016-1889.full.pdf>
- Thach BT. **Deaths and Near Deaths of Healthy Newborn Infants While Bed Sharing on Maternity Wards**. *Journal of Perinatology*. 2014; 34: 275-279.
<https://www.ncbi.nlm.nih.gov/pubmed/24480904> (article abstract only; full text article requires a subscription)
- Ludington-Hoe SM and Morgan K. **Infant Assessment and Reduction of Sudden Unexpected Postnatal Collapse Risk During Skin-to-Skin Contact**. *Newborn & Infant Nursing Reviews (NINR)*. 2014; 14: 28–33.
- Colson S. **Biological Nurturing: The Laid-Back Breastfeeding Revolution**. *Midwifery Today*. Spring 2012; Issue 101. (Open Access)
<http://www.midwiferytoday.com/articles/BiologicalNurturing.asp>

30 mins.

Learning Objectives:

At the end of the session, the learner will be able to:

1. Discuss new insights into the causation and treatment of cleft lip and palate.
2. Describe the emotional effects of the birth of a child with differences, including parents' loss of their imagined "healthy" child and mothers' loss of a "natural" breastfeeding experience.
3. Summarize feeding challenges in infants with cleft defects and efforts to support breastfeeding.
4. Examine the evidence and outcomes associated with nipple shield use.
5. Discuss best practices, unanswered questions, and ongoing controversies in the use of nipple shields.
6. Describe safe skin-to-skin and rooming-in practices to help prevent adverse events such as Sudden Unexpected Postnatal Collapse and falls.

Speaker Disclosures: None of the presenters has any relevant commercial relationships to disclose.

IBCLE Exam Blueprint Disciplines Covered in the Session:

- ✎ **E. Maternal and Infant Pathology:** "An Update on Cleft Lip and Palate: New Approaches to Treatment and the Provision of Breastfeeding Support"
- ✎ **K. Breastfeeding Equipment and Technology:** "Nipple Shields: Best Practices, Unanswered Questions, and Ongoing Controversies"
- ✎ **L. Techniques:** "Nipple Shields: Best Practices, Unanswered Questions, and Ongoing Controversies"
- ✎ **M. Public Health:** "New AAP Clinical Guidance for Safe Skin-to-Skin and Safe Rooming-In for Healthy Term Newborns"